

East Intermediate Menu 2025-26

Breakfast

Breakfast alternating items: cereal kit, variety bagel with cream cheese or sunglo, cheese omelet, fruit bread slice, pancakes/waffle, breakfast pizza bagel

Including juice, fresh fruit, and milk

Breakfast and lunch free to all students.



Fresh fruit and vegetable bar available daily
All grains are whole grain
Milk 1% white or fat free

Monday

Hotdog/Hamburger Bar
Fries or Tator Tots
Variety of Vegetable Toppings
Pizza



Tuesday

Taco Bar
Wet Burritos
Taco Meat
Fajita Chicken
Cheese Sauce
Queso
Tortilla Chips
Refried/Black Beans



Wednesday

Stir Fry
Orange Chicken
Teriyaki Chicken
Brown Rice
Stir Fry Vegetables
Fortune Cookie



Thursday

Featured Bowls
Popcorn Chicken
Creamy Mashed Potatoes
Golden Corn
Gravy
Shredded Cheese



Friday

Italian Bar
Spaghetti with Meat Sauce
Chicken Alfredo
Macaroni & Cheese
Garlic Toast
Bosco Stick with sauce



Daily Specials

To go Salads, subs, wraps
Chicken Sandwich
Chicken Nuggets/Tenders
Cheeseburgers



A Special Dietary Needs Form must be completed and signed by a licensed physician for any special meal accommodations

Menu subject to change without notice
This institution is an equal opportunity provider

Cooler Daily Specials: Chef Salad, Taco Salad, Spicy and No Spice Chicken Salad