

January 2020

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 Winter Break - No School	2 Winter Break - No School	3 Winter Break - No School	4
5	6 Return to School	7 Do a quiet activity with your child	8 Ask your child if they have homework and help them if needed.	9 Talk about emotions with your child	10 Do something active with your child today	11
12	13 Ask your child if they have homework and help them if needed.	14 Find a positive way to address negative behaviors/emotions	15 Ask your child what was the best thing that happened today	16 Let your child read to you or tell you a story today	17 End of 1st semester - 1/2 day.	18
19	20 No School	21 Ask your child about their hopes and dreams	22 Play a game with your child	23 Provide positive redirection for negative behaviors	24 Give your child a compliment	25
26	27 Do something active with your child today	28 Delayed Start	29 Truly Listen to your child speak to you	30 Tell your child you love them.	31 Talk about the best and worst moments this week.	

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