

November 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 Watch a family movie together today.	2
3	4 Tell your child you love them.	5 Prepare your child for changes - tell them if a change is coming	6 Give your child positive feedback and praise	7 Ask your child if they have homework and help them if needed.	8 Early Release	9
10	11 Provide positive redirection for negative behaviors	12 Talk about emotions with your child, teach them words for their feelings	13 Do a quiet activity together today.	14 Read to your child or have them read to you today	15 Be understanding of your child's emotions	16
17	18 Go for a walk with your child today.	19 Notice the beauty around you and talk about it with your child.	20 Turn off your phone and talk to your child for 15 minutes	21 Ask your child if they have homework and help them if needed.	22 Color or draw a picture with your child today.	23
24	25 List 5 things that you are thankful for and share them with your child.	26 Have your child list 5 things they are thankful for and let them share with you.	27 Thanksgiving Break - No School	28 Thanksgiving Break - No School	29 Thanksgiving Break - No School	30

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