## October 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
		Play with your child today	Technology Free Evening	Ask your child if they have homework and help them if needed.	Find something positive to talk with your child about	
6	7	8	9	10	11	12
	Make plans to attend parent/teacher conferences	Give your child a heartfelt compliment	Parent/teacher conferences - 1/2 day	Parent/teacher conferences - 1/2 day AM	No School	
13	14	15	16	17	18	19
	Plan a play-date for your child	Delayed Start	Technology Free Evening	Ask your child if they have homework and help them if needed.	Laugh with your child today	
20	21	22	23	24	25	26
	Play a game with your child today	Tell your child you love them	Technology Free Evening	Talk about feelings with your child today	Ask your child to talk about the best part of the week	
27	28	29	30	31		
	Talk about the goals you made for this school year	Say something nice to someone today in front of your child	Technology Free Evening	Comfort your child when they are afraid		

NOTES